



STARTERS

VEGETARIAN

Onion Bhaji	£3.70
Vegetable Samosa	£3.70
Garlic Mushroom	£3.90
Aloo Chaat	£3.90
Chilli Paneer 〰	£4.50
Paneer Shashlick <i>Saucy or Dry</i>	£4.50
Paneer Tikka	£4.50

SEAFOOD

Fish Tikka	£4.70
Fish Pakora	£4.70
Tandoori King Prawn	£5.90
King Prawn Puree	£5.90
Prawn Puree	£4.90
King Prawn Butterfly	£5.10
King Prawn Chilli 〰	£5.90

NON VEGETARIANS

Meat Samosa	£3.70
Tandoori Chicken	£4.50
Chicken Tikka	£4.50
Lamb Tikka	£4.70
Seekh Kebab	£4.50
Shami Kebab	£4.50
Reshmi Kebab	£4.50
Tandoori Lamb Chops	£5.50
Jhal Tikka 〰	£4.50
Chicken Pakora	£4.50
Mix Kebab	£5.10
Chicken Chaat	£4.50
Chicken Tikka Shashlick <i>Saucy or Dry</i>	£4.90
Lamb Tikka Shashlick <i>Saucy or Dry</i>	£4.90
Duck Shashlick (<i>Saucy</i>)	£5.10
Hot Meat 〰	£4.90
Mustard Lamb	£4.50
Chicken Tikka Puree	£4.90
Garlic Chicken Tikka	£4.50
Crispy Chicken	£4.90
Mix Platter For One	£5.50

Chicken tikka, lamb tikka, seekh kebab & vegetable samosa

TANDOORI SPECIALS *Dry*

All of these dishes are marinated in fresh cream, yoghurt with specially made spices, cooked in a charcoal fired oven and garnished with lemon, served with salad and mint sauce

1/2 Tandoori Chicken <i>On the bone</i>	£8.90
Chicken Tikka	£8.90
Lamb Tikka	£9.10
Fish Tikka	£9.90
Tandoori Mix Grill	£10.90
<i>Tandoori chicken, chicken tikka, lamb tikka & seekh kebab</i>	
Tandoori King Prawns	£12.50
Chicken Tikka Shashlick <i>Saucy or Dry</i>	£9.50
Lamb Tikka Shashlick <i>Saucy or Dry</i>	£9.70
Duck Shashlick (<i>Saucy</i>)	£9.90

CHEFS SPECIALS

We present a selection of old favourite dishes that have stood the test of time. These are familiar and yet when presented with that refreshing spice lounge you will see that they are quite unique too

King Prawn Sabji Makon 〰 £12.90
King prawn cooked with paneer & spinach, green chilli & garlic in a mix of spices to create a medium hot dish.

Spice Lounge Mix Korai 〰 £11.90
Chicken tikka, lamb tikka & tandoori chicken off the bone, cooked with diced onions, mushrooms, tomatoes, fresh peppers & herbs in a thick korai sauce.

Desi Lamb 〰 £9.90
A fairly hot & flavoursome dish prepared with special blend of spices, fresh chilli, onions & coriander.

Nawabi Duck £9.90
Tender pieces of sliced duck cooked with onion, fresh peppers, garlic, herbs & ginger base sauce. Medium hot.

Naryali Chicken / Lamb £9.50
A coconut base dish, cooked with garlic, ginger, onions, herbs & medium spices, topped with coconut & tomatoes.

Spice Labra 〰 £9.90
Chicken tikka, spinach & chickpeas cooked with lots of garlic, turmeric & coriander.

Begom Bahar 〰 £9.90
A mixture of chicken tikka, lamb tikka, sheek kebab & boiled egg cooked with onions, green peppers, tomatoes & fresh coriander to form a medium strength curry.

Spice Lounge Garlic Tandoori Special 〰 £10.50
Half tandoori chicken off the bone and mince meat marinated in garlic, coriander, ginger, onion and fresh tomatoes.

Murgh Chilli Masala 〰 £9.50
Thin slices of chicken tikka marinated in garam masala and green chillies.

Garlic Chilli Chicken 〰 £9.50
Chicken marinated in garlic, cooked with green chillies & Extra fried garlic on top.

Chicken Tikka Tawa 〰 £9.50
Marinated chicken tikka is roasted in tandoori and then cooked in a medium hot flavour infused gravy

Hot Magic Curry 〰〰 £9.50
Chicken cooked with a combination of fresh chillies, very hot.

Chicken Tikka / Lamb Tikka Naga 〰 £9.50
Chicken tikka or Chicken tikka cooked with onions, peppers and a Bangladeshi naga chilli sauce.

Chicken Mazeda £9.50
Chicken tikka marinated in yoghurt and special spices, topped with cheese.

Lamb Chops Bhuna 〰 £10.90
Lamb chops cooked in a wonderful thick sauce with fresh tomatoes and carefully selected herbs and spices.

Chicken Tikka / Lamb Tikka Sil Silla £9.50
Chicken tikka or lamb tikka tossed in lime and lemon with crunchy onions and peppers with Northern Bengali spices.

Chicken Tikka / Lamb Tikka Saag 〰 £9.50
Fresh baby spinach cooked with herbs and spices, garlic, tomatoes and coriander.

Lamb Chilli Pepper 〰 £9.50
Cooked with fresh garlic, green peppers, onions, green chillies & tamarind sauce.

Chicken Tikka / Lamb Tikka Achari 〰 £9.50
A delightful dish cooked with an Indian pickle to create a slight citrus taste.

Chicken Tikka / Lamb Tikka Sylheti Shatkara 〰 £9.50
Tender chicken tikka or lamb tikka cooked with citrus fruit, onions, garlic & coriander.

Medium Hot 〰

Madras Hot 〰〰

Vindaloo Hot 〰〰〰

Chicken Tikka / Lamb Tikka Jalfrezi 〰 £9.50
Pieces of chicken or lamb or fish cooked with fresh peppers and green chilli to give you a slightly hot, mouth watering sauce special.

Chicken Tikka / Lamb Tikka Rezala 〰 £9.50
Tender pieces of chicken or lamb cooked in a delicately spiced fresh ginger sauce.

Tandoori Chicken Makhani £9.50
Chicken tossed in butter with fresh cream, coconut in an exotic mild sauce

Chicken Tikka / Lamb Tikka Karahi 〰 £9.50
A delightful dish of moderately spiced and cooked with diced onions, tomatoes, fresh peppers and herbs in a thick korai sauce

Chicken Tikka Bhuna Masala 〰 £9.50
Pan fried with fresh onions, coriander, hint of lime and masala sauce.

Chicken Tikka / Lamb Tikka Pasanda £9.50
Cooked in a fresh cream, coconut powder and sauce with yoghurt

Mix Seafood 〰 £12.90
Prawns, king prawns, fish fillet cooked in tomatoes, onions & unique sauce.

Garlic Chilli King Prawn 〰 £12.50
King prawn marinated in garlic, cooked with green chillies and extra fried garlic on top.

Fish Jalfrezi 〰 £10.90
Bengali fish heavenly spiced and cooked with green chillies.

Fish Bhuna 〰 £10.90
Cooked in a medium bhuna sauce with fresh onions & green peppers.

TANDOORI MASALA DISHES

The following dishes are marinated in yoghurt and special spices, grilled in the tandoori clay oven, served in a creamy sauce with coconut and a blend of aromatic spices

Chicken Tikka Masala	£9.20
Lamb Tikka Masala	£9.50
Tandoori Butter Chicken Masala	£9.20
Tandoori King Prawn Masala	£12.50
Spice Lounge Mix Masala	£10.50
Vegetable Masala	£7.90
Paneer Masala	£8.50

BALTI DISHES

Cooked with exotic collection of fresh spices, herbs and special balti sauce to create a thicker, rich and distinctive flavour, Served with naan bread

Chicken Balti	£9.20
Chicken Tikka Balti	£9.50
Lamb Balti	£9.50
Lamb Tikka Balti ..	£9.50
King Prawn Balti	£12.90
Prawn Balti	£9.90
Mixed Balti	£11.50
<i>Chicken, lamb & prawn</i>	
Paneer Balti	£8.90
Vegetable Balti ...	£8.50
Mushroom Balti ...	£8.50



TRADITIONAL DISHES

Curry

As hot as you like, curry of medium consistency from a wide range of oriental spices giving it a rich flavour. Medium hot

Madras or Vindaloo

Cooked in a fairly hot to hot spicy sauce with fresh lemon juice and a touch of garlic and ginger.

Malaya

Very mild cream dish cooked with coconut and chopped banana

Methi

Cooked with (fenugreek) leaves in thick sauce. Medium hot

Korma

Cooked with cream and coconut powder to produce a very smooth mild dish

Bhuna

Fresh herbs, coarsely chopped onion and spices are gently pan fried in light olive oil to bring out their flavour, resulting in a thicker medium strength sauce.

Dansak

This dish is prepared with aromatic spices from the Indian sub-continent and is laced with lemon juice and prepared with lentils which together create a sharp, sweet and sour texture and taste. Medium hot

Rogan Josh

A medium dish cooked in a sauce made from garlic, onions, tomatoes, herbs and spices topped with fried tomatoes. Medium hot.

Pathia

A slightly hot dish prepared in a sweet and sour sauce, then given a mixed topping which consist of spicy fried onion and capsicums. Medium hot.

Dopiaza

Cooked with lots of onions, green peppers and traditional spices. Medium hot

Above dishes available with:

Chicken	£8.50	Prawn	£9.20
Chicken Tikka	£8.90	King Prawns	£12.50
Lamb	£8.90	Paneer	£7.90
Lamb Tikka	£9.20	Mushroom	£8.20
Duck	£9.20	Vegetables	£7.50
Kofta (Meat ball)	£8.50		

BIRYANI DISHES

A complete course in itself, stir fried with rich onions, fresh coriander & spices. Served with a separate dish of medium vegetable curry sauce

Chicken	£9.20	Prawn	£9.90
Chicken Tikka	£9.50	King Prawn	£12.50
Lamb	£9.50	Tandoori Chicken	£9.50
Lamb Tikka	£9.70	Vegetable	£8.20
Special Biryani	£10.50	Mushroom	£8.50

Lamb, chicken and prawn

ENGLISH DISHES

Served with chips, peas, tomato and salad

Chicken Omelette	£8.50
Chicken Nuggets	£8.90
Scampi	£8.90

SIDE DISHES

Bombay Aloo	£4.50	Ghobi Bhaji	£4.50
Spiced Potatoes		Cauliflower with onions and spices	
Aloo Ghobi	£4.50	Bhindi Bhaji	£4.50
Potato with cauliflower		Fresh okra cooked in medium spices	
Saag Aloo	£4.50	Chana Masala	£4.50
Spinach with potatoes		Chickpeas	
Saag Bhaji	£4.50	Mattar Paneer	£4.50
Spinach with onions		Peas and cheese	
Tarka Daal	£4.50	Saag Paneer	£4.50
Lentils with fried onions and garlic		Spinach and cheese	
Chana Bhaji	£4.50	Chana Paneer	£4.50
Chickpeas with fried onions & garlic		Chickpeas and cheese	
Mushroom Bhaji	£4.50	Fried Mushroom	£4.50
Fresh mushrooms		Any Sauce	£4.50
Mixed Vegetable Bhaji	£4.50		

RICE DISHES

Boiled Rice	£3.00	Egg Fried Rice	£3.70
Pilau Rice	£3.30	Coconut Rice	£3.70
Jeera Rice	£3.70	Vegetable Rice	£3.70
Lemon Rice	£3.70	Keema Rice	£3.70
Garlic Fried Rice	£3.70	Peas Pilau Rice	£3.70
Onion Fried Rice	£3.70	Special Fried Rice.....	£4.20
Mushroom Rice	£3.70	Eggs and peas	

NAAN BREAD

Plain Naan	£3.00	Stuffed Naan Vegetable	£3.50
Peshawari Naan Sweet	£3.30	Chilli Naan	£3.30
Keema Naan Mince meat	£3.50	Tikka Naan	£3.70
Garlic Naan	£3.30	Special Naan	£3.70
Garlic & Coriander Naan	£3.50	Chicken tikka, keema & cheese	
Cheese Naan	£3.30	Plain Paratha	£3.50
Cheese & Tomato Naan	£3.50	Stuffed Paratha	£3.70
Cheese & Garlic Naan	£3.50	Chapati	£2.00
Cheese & Chilli Naan	£3.50	Tandoori Roti	£3.30
		Puri	£2.00

ACCOMPANIMENTS

Papadum Plain or Spicy	£0.90
Chutney Pickles Mint Sauce, Mango Chutney & Onion Salad	£2.10
Mix Lime Pickle	£1.00
Chips	£3.50
Cucumber Raita / Onion Raita	£3.00
Green Salad	£3.20

Food Allergies & Intolerances

Please speak to our staff about your requirement before ordering and we will be happy to advise you.



All our dishes are low fat and artificial colouring free.
Cooked fresh with high quality produce and ingredients



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